

## EARTH AND FOOD



*Compost by Margaret Jorgensen*

Food sharing from fruit trees eg. Pukerua bay food forest.  
Excess food left free at collection points – including a facility for perishables.  
Easy composting (mice, rats and pest management).  
Community gardens at schools, in neighbourhoods and local markets.  
Share veges and fruit at church  
Grow flowers for homebound people.  
Grow your own food and share  
Rejecting food packaging eg use own containers  
Kaibosh  
Eat less meat – encourage vegetarianism  
Drain management (no insinkerators)  
Have a worm farm.  
Don't use poisons on the earth or poisonous sprays in the garden. These do great harm to good insects and spiders.